

Australia's 1st class Personal Training Service...



*Invites you to the Shire's
most exclusive fitness studio*



Personal Training Studio

- A Personal Trainer on every visit - motivating and supervising you.
- Safe, customised service tailored to you. Assuring results.
- Professionalism and quality assured.
- Complimentary towel and water service.
- High risk medical factors.
- In-house crèche.
- VIP entry and parking.
- Air-conditioning.
- Children's health.

"Brett Butterworth and his team of B Fit personal trainers are world leaders in health and fitness training.

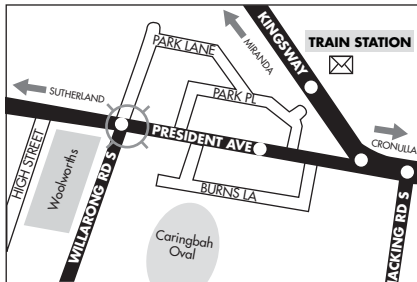
They can motivate you to do great things with your mind and body."

Grantlee Keiza - Sports Columnist *The Daily Telegraph* and *Sunday Telegraph*

Steve Tonks - Doubled his Vo2max fitness.
Dropped over 25 kg of fat weight.

Debrah Hutchen - Dropped over 30kg, doubled Vo2max fitness, improved bone mineral density and arthritis.

David Willmott - Broke the world record and won 2 gold medals at the Velodrome in Manchester.



PLACE
STAMP
HERE

COMPLIMENTARY PERSONAL TRAINING SESSION

Call 9540 9995
for your complimentary
consultation

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